Background

- Diapers are an expensive necessity
- 1 in 3 US families experiences diaper insecurity
- Traditional assistance programs do not include diapers as a covered expense
- An inadequate supply of diapers can negatively impact caregivers and children

Project Description

- Eligibility: Must be an English/Spanish speaker and a caregiver of a diaper-wearing child receiving care at GPCHC.
- Surveys: At pre-enrollment and each 1-month post-enrollment visit to evaluate diaper, financial, and food security
- Qualitative Interviews: Participants who had been in the program for >3 months were stratified into groups based on their utilization of the program
- Interviews were conducted and analyzed through team-based coding and theme analysis

Outcomes

44 Interviews: 23 English, 21 Spanish

Demographics: 86% Hispanic, 10% White, 2% Native Hawaiian, 1% Black, 1% Asian

Unemployment: 80%
Median children: 2.56

Financial Insecurity: 68.5%
Food Insecurity: 43.4%
Diaper Insecurity: 64.3%

Lessons Learned

- The COVID-19 pandemic impacted financial and job security of participants
- Receiving diapers offsets some financial strain
- Single-income households struggle financially
- Improved circumstances result in a decreased need for support through the program
- Participation in the program alleviates diaper insecurity
- Receiving diapers impacts caregiver well-being

Recommendations:

- Addition of more diaper distribution days/times
- Expansion of the variety of sizes available to include pull-ups
- Allow participants to obtain samples in order to determine the best diaper for their child